



## **JYOTHIS CHARITABLE SOCIETY**

**S.H Generalate, Manganam P.O Kottayam 18. Reg. K/368/08**

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### Annual Report -2018-19

#### Introduction

“ I came that they may have life and have it abundantly”. Realising both our strengths and weakness gives us a more balanced view of ourselves.

Jyothis Charitable Society, the social work venture of Sacred Heart Congregation gave through the development and relief work through the last year successfully. Jyothis society tried her best for the holistic and comprehensive development of the society. The book “Karmaveedhi” helped us to have a clear outline about social welfare activities. Let us go through the activities of last one year.

#### Main work areas during last year

##### 1. Jyothis resource Centre .

Very Simply stated, personnel growth is about developing as a ‘Person’ or moving closer towards our best ‘best possible selves’. Our best possible selves are not out there to be reached. In fact the potentials are very much within us to realise and manifest. Our lives are influenced by situations, our environment. How ever believing that we do have the scope or opportunity to respond to these situations. So Jyothis tries to make use of al the available resources to enhance the skill of our sisters and staff.

##### 2. Core Group

Last year 2 Core Group arranged at General level at Pala and Kottayam Generalate.

##### 3. Wings to Win.

Everyone feels sad some times, but these feelings usually pass after a few days. But some are facing trouble with daily life due to lack of job. Money and due to absence of helping hand . So carrier guidance us given by Jyothis and financial help was given to financial backward children. Apart from that interest free loan helped them to overcome the financial crises.

##### 4. Publication

Jyothis Bulletin is the publication of Jyothis Charitable Society. The activities of all units of society motivating others to implement new programmes.

5. Ashakiranam Album

Prizes distributed at General level according to the advertisement given. All Kerala competition enhanced the awareness related to cancer. So it leads to take precautions to prevent cancer.

6. Sarathi

With collaboration with 'Sarathi' conducted by Fr. Sebastian Thekkanath, in all of our provinces we started sarathi units. Auto Rickshaw drivers are so much developed there co-ordination and activities.

7. Darshan

This year due to announcement from Government 3 days camp cancelled (due to water problem, Pocso rules etc.). But one day camp was arranged with the help of parents.

8. Mochana

Alcohol is the most widely used intoxicant in the world. It affects the user as well as people around them. It affects the brain's pleasure circuit. For most people regular or heavy alcohol drinking brings with it health problems. Problem and problems with the family, work and society. So we focused our work among Alcoholic addicts.

9. Jyothis Vikasana Samithi

This year samithi members conducted survey in 8<sup>th</sup> and 12<sup>th</sup> ward arranged Christmas programme, Onam programme, Urjakiran programme. The members cooked food items and eco-friendly food served. One Eye camp conducted with the co-operation of Eddimannickal Optical Kottayam.

10. Aiswarya

The amount above Rs. 5000/- deposited in South Indian Bank as joint account of child & parents and few of them deposited with parents name. The original copy kept in our office. Inculcating saving habit right from the childhood helps the individual to be financially independent. To increase the amount of saving, they should have the motivation to do so. Right type of input turn many people to the right path and the success of life is the impact of it. To impart the motivation to be self sufficient in life especially in the financial aspect, an

awareness class has been conducted by Dr. Haridas in the month of November and there was 55 participants took part in it.

#### 11. Evergreen

With the co-operation of Krishibhavan we collected seeds, grow bags and manure and doing eco-friendly kitchen garden. Evergreen is a project to protect the environment by all means and to satisfy human needs instead of their greediness. For this purpose, most of the people in the locality were distributed plants to make greenery of the surroundings. To have the food safety and food security awareness class along with Vegetable seeds and sapling of banana were distributed and competition on kitchen garden also held.

Also jyothis has got project from Centre for Environment development and another project on Urjakiran which is designed by State Government to motivate the people to save the electricity and protect the natural resources for the coming generations too.

#### 12. Album competition.

We conducted Agro-album competition. It helped to inculcate motivation for kitchen garden.

#### 13. Day celebration.

As “Karmaveedhi” stated we celebrated Domestic workers(Home working) day (June 16), Teachers day(Sept.5), World peace day(Sept.16), Girls day(Sept.22), GandhiJayanthi & International non-violence day (Oct.2), World mental health day (Oct 10), Children’s day (Nov.14), World Aids day (Dec.1), Human rights day (Dec.10), Christmas day (Dec.25), Mothers day (May 2), International day for families (May.15), Fathers day (June 3) and Onam. From each province through bulletin the report of day celebration collected.

#### Staff

Bini Joseph, full time staff and voluntary members of Vikasana Samity are the back bone of society. According to the decision of General body and Governing body our programme was planed and implemented.

Along with this programme we continued work as medical assistance, disaster help, flood help, dress help etc.